Dear Mrs. Noah: Letters to Unnamed Women of the Bible  
Roberta Damon

So many women of the Bible are known only by some event (The Woman at the Well), some illness (The Woman with the Issue of Blood), or some relationship to a man (Job’s Wife, Lot’s Wife, Peter’s Mother-in-law). What does this say about identity, a sense of self, a woman’s place in the world? What does it say about our worth as females in a male dominated world? And what do these women have to do with us? This study will be based on the new book, Dear Mrs. Noah: Letters to Unnamed Women of the Bible, written by your presenter and published by CrossLink, a Christian Press. The dedication of the book reads: “To all the women who have borne the children, fed the hungry, washed the dishes—and have not kept silent in church.”

Feast on Something Bigger Than a Fad  
Dr. Lynne Stockman

Come learn about The Daniel Plan which shows you how focusing on the powerful Combination of 5 key essentials can change your life forever...one choice at a time.

Living a Life of Victory  
Teresa Harmening

Living in victory on a daily basis is not always easy. Life throws a curve ball every now and then and instead of experiencing victory, we face the reality of disappointments, frustrations, and defeat. During this session we will share some practical reminders from God's Word that can be used each day to help us experience what Jesus described as an “abundant” life.

Make and Take a 3-D Card  
Elwanda Cornelius & Jane Jones

Tired of being bored? Enjoy unveiling your gifts and talents through creating greeting cards that minister to others.

Finding joy in honoring God with our money  
Traci Kube

Biblical principles for money will be shared and practical applications of those principles. Come ready to share your questions, struggles, and lessons learned of what God is teaching you about finances.

The Journey Toward Hope and Healing Through Grief  
Lucianne Warren

Grief is hard. It is painful. You may feel emptiness and despair. Grief can be confusing. As Christians, many of us feel that something is wrong with us that our faith in God doesn’t make us feel better. In this session we plan to “get real” about grief and provide hope for your journey.

Soul Care  
Sandy Wisdom Martin

Join our new Executive Director/ Treasurer of National WMU as she humbly leads us in exercises of centering prayer. Prayer is clearly the foundation to everything that Sandy does. Come and learn how you can go deeper with God through focused prayer.

You Are Not Alone - Support for Families of the Chemically Addicted  
Angela Fitzgerald

One of the most comforting phrases in the English language is, “Me too!” If you have a family member who is struggling with drug or alcohol addiction, you are not alone. Staggering statistics tell us that over 20 million people in the United States struggle with chemical addiction. That’s the entire population of the state of Florida! In this breakout session, attendees will hear testimonies of experience, strength, and hope from others who have walked this journey, and will be presented with valuable information and tools to help navigate this challenging season. There is hope!!!

The Joy of Dancing  
Davonda & Leah Thomas

We will explore the beauty of dance in scripture and then learn a praise dance to the Glory of God. Journey with this mother and daughter as we celebrate our own journeys with God together.

Welcoming the Refugee: Let’s be salt and light to the World that has come to our state and to our neighborhood  
Kim Wyatt

Hear practical ways that you can welcome the refugee as well as have an experience of walking in the shoes of refugees and hearing from refugees themselves their story. You will also receive information showing the vetting process refugees go through before they are invited to live in the U.S.
Joy in Serving Exploited Women
Pat Eggleston & Pat Wright
Pat Eggleston will share her experiences "walking the pike" and befriending "women of the night" in Richmond. Pat Wright will discuss her experiences with the residents of "Latisha's House" -- a safe place for formerly sex-trafficked women. Both Pats are part of the WMUV Project HOPE Human Trafficking Team. They will discuss "Awareness, Prevention, and After-Care" and how YOU may become involved in ministry in your own area and beyond.

See “ME” – Individualizing the Homeless
Jennifer Metzger Turner
Learn about the Richmond based Oregon Hill Baptist Center and it’s unique ministries with the homeless. Stories, Q & A, & Hands on Projects. Take home practical ideas for ministry to be used in your church or community.

What’s new in Southwest Virginia?
Laura Davis
Come learn about a new partnership between WMUV, BGAV, Bluefield College, and CBFVA! Why start a new TFH work in Virginia? Observation and statistical data confirm persistent poverty in this region is real. In Tazewell County, Virginia, for example, 21% of children experience food insecurity. Many families do not qualify for federal child nutrition programs and must rely on charity to put food on their tables. Though TFH partners believe hungry children are reason enough for a compassionate response in Southwest Virginia, they also aim to address systemic issues related to waning population and lack of meaningful work. TFH collaborates with local leaders to provide what is needed and to offer HOPE! We will talk about what this brand new partnership looks like right now!

Considering Botswana, Africa: Is Missions Still Relevant?
Sally Cline
Considering our mission among the Batswana of Botswana from 1980-2006 is the missionary endeavor still relevant amidst our pluralistic worldview?

Want to Start a Christian Book Club
Nora Hall
A Christian Book Club offers an opportunity to discuss your faith with other believers. Let’s discuss strategies for running a Christian book club and look at books that can further develop your relationship with God.

Korean Breakout: Offered Friday & Saturday only
Ladies: Rise and Shine
Katherine Lee
Women are weak but strong, and strong but gentle. When people refer to women they refer to them as people who need to be protected and sheltered at all times. Maybe so to them but not to mothers. Now is the time for ladies to rise and shine! Each one of you is a beautiful princess in the kingdom of God, but remember every one of you is a strong soldier and mother in the name of Jesus Christ. What’s stopping you!

Engaging Children at Standing Rock and Beyond
Clifton Wise
Have you ever thought about going to Standing Rock Indian Reservation through the WMUV partnership? Come here why Clifton returns year after year to Standing Rock and how to engage children at the mission site, both at Standing Rock and other mission engagement opportunities.

Even the Rocks Cry Out!
Wendy Custer
Discover the Joy we find in Christ through word and crafts! Create masterpieces in the form of kindness rocks, ready for a treasure hunt.